Yuma County Sheriff's Office

Leon N. Wilmot
Sheriff of Yuma County

141 S. 3rd Avenue, Yuma, AZ 85364
Tel: (928) 783-4427 • Fax: (928) 539-7837
www.yumacountysheriff.org

PRESS RELEASE

Contact: Tania Pavlak
Phone: (928) 783-4427
DR# N/A

FOR IMMEDIATE RELEASE
May 29, 2024 – 11:15 AM

Heat Warning

Location of Incident: Yuma, AZ

With dangerously hot temperatures underway, the Yuma County Sheriff's Office (YCSO) would like to remind everyone that no matter your age or how long you've lived in Yuma, none of us are immune to heat exhaustion. Prolonged exposure to heat can lead to heat stroke which can be life threatening.

Pets, children, and elderly people are those at greatest risk of deadly heat exposure going unnoticed. We encourage our community to stay hydrated, do not leave your vehicles unattended with children and pets, and check on your elderly neighbors.

To prevent heat-associated illness, follow these safety tips:

-Drink water before you get thirsty to prevent dehydration

-Don't rely on fans as your primary source of cooling once the temperature gets higher than 90 degrees

-Come indoors frequently to an air-conditioned location to cool your core body temperature

-Wear lightweight clothes

-Seek medical care immediately if you have, or someone you know has, symptoms of heat-associated illness like muscle cramps, headaches, vomiting, confusion, no longer sweating, and rapid heart rate

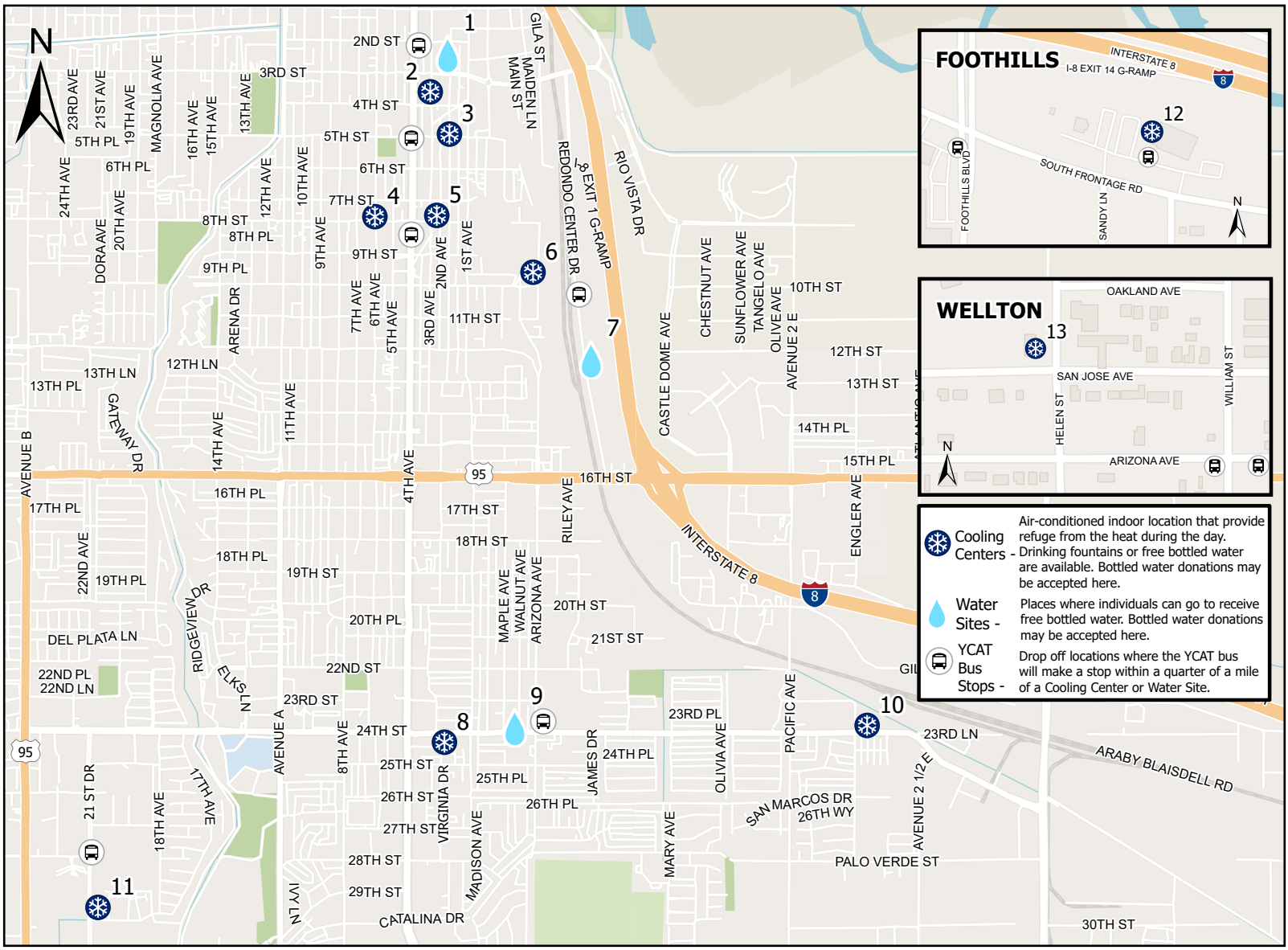
If you find yourself in need of water or a cool resting area, please visit or download the Yuma County Water and Cooling Site Map at:
https://www.yumacountyaz.gov/home/showpublisheddocument/54702/638521666689830000

We would also like to take this moment to remind the public of the "Are You Ok?" program which is available to all senior citizens and disabled persons living anywhere in Yuma County. The "Are You Ok?" program is a FREE telephone reassurance service provided by the YCSO that ensures daily contact with subscribers that live alone and may not have a family member living locally that can check on them daily. If you or someone you know would benefit from daily contact, please contact the YCSO Volunteer Coordinator at (928) 819-2212 or visit https://www.yumacountysheriff.org/services-ruok.html for more information.

Information Released By: Tania Pavlak, Public Affairs Specialist

2024 FREE COOLING CENTERS AND WATER SITES IN YUMA COUNTY

CENTRAL YUMA AREA



1 First United Methodist Church
298 W 3rd Street Yuma, AZ 85364
Open: Year Around
Hours: 24 hours/7 days per week
Ice chest will be available once temperature hits 100 degrees, will stop restocking water at the end of September.
Phone: 928-783-3674

2 Yuma County Heritage Library Branch
350 S 3rd Avenue Yuma, AZ 85364
Open: Year Around
Hours: Tuesday - Thursday 9:00am - 6:00pm
Closed Sundays and Mondays
Phone: 928-373-6461

3 The Salvation Army
445 S. 4th Avenue Yuma, AZ 85364
Open: May 1st - September 30th
Hours: Monday - Friday 12:00pm - 5:00pm
Closed weekends and Holidays -- During Excessive Heat Warnings, they will be open Saturdays and Sundays
Phone: 928-783-0181

4 Crossroads Mission Thrift Store
550 W 8th Street Yuma, AZ 85364
Open: Year Around
Hours: Monday - Saturday 8:00am - 4:00pm
Closed Sundays and Holidays
Phone: 928-328-8401

5 HOPE, Inc
791 S. 4th Avenue Yuma, AZ 85364
Open: Year Around
Hours: Monday - Thursday 8:00am - 5:00pm
Friday 8:00am - 4:00pm
Phone: 928-783-3616

6 Crossroads Mission
944 S Arizona Avenue Yuma, AZ 85364
Open: Year Around
Hours: 24 hours/7 days per week
Phone: 928-328-8401

7 WACOG
1235 S Redondo Center Drive Yuma, AZ 85364
Open: May 1st - September 15th
Hours: Monday - Friday 8:00am - 5:00pm
Closed Weekends and Holidays
Phone: 928-782-1886

8 National Community Health Partners
255 W 24th Street Suite#4 Yuma, AZ 85364
Open: Year Around
Hours: Monday - Friday 8:00am - 5:00pm
Phone: 928-726-6022

9 Our Choice Human Services
370 E 24th Street Yuma, AZ 85364
Open: Year Around
Hours: Monday - Thursday 8:00am - 5:00pm
Friday 9:00am - 5:00pm
Closed Weekends and Holidays
Phone: 928-294-1093

10 Yuma Community Food Bank
2404 E 24th Street Yuma, AZ 85365
Open: Year Around
Hours: Monday - Friday 7:00am -4:00pm
Closed Weekends and Holidays
Phone: 928-343-1243

11 Yuma County Main Library
2951 S 21st Drive Yuma, AZ 85364
Open: Year Around
Hours: Monday - Thursday 9:00am - 9:00pm
Friday - Saturday 9:00am - 5:00pm
Closed Sundays
Phone: 928-373-6461

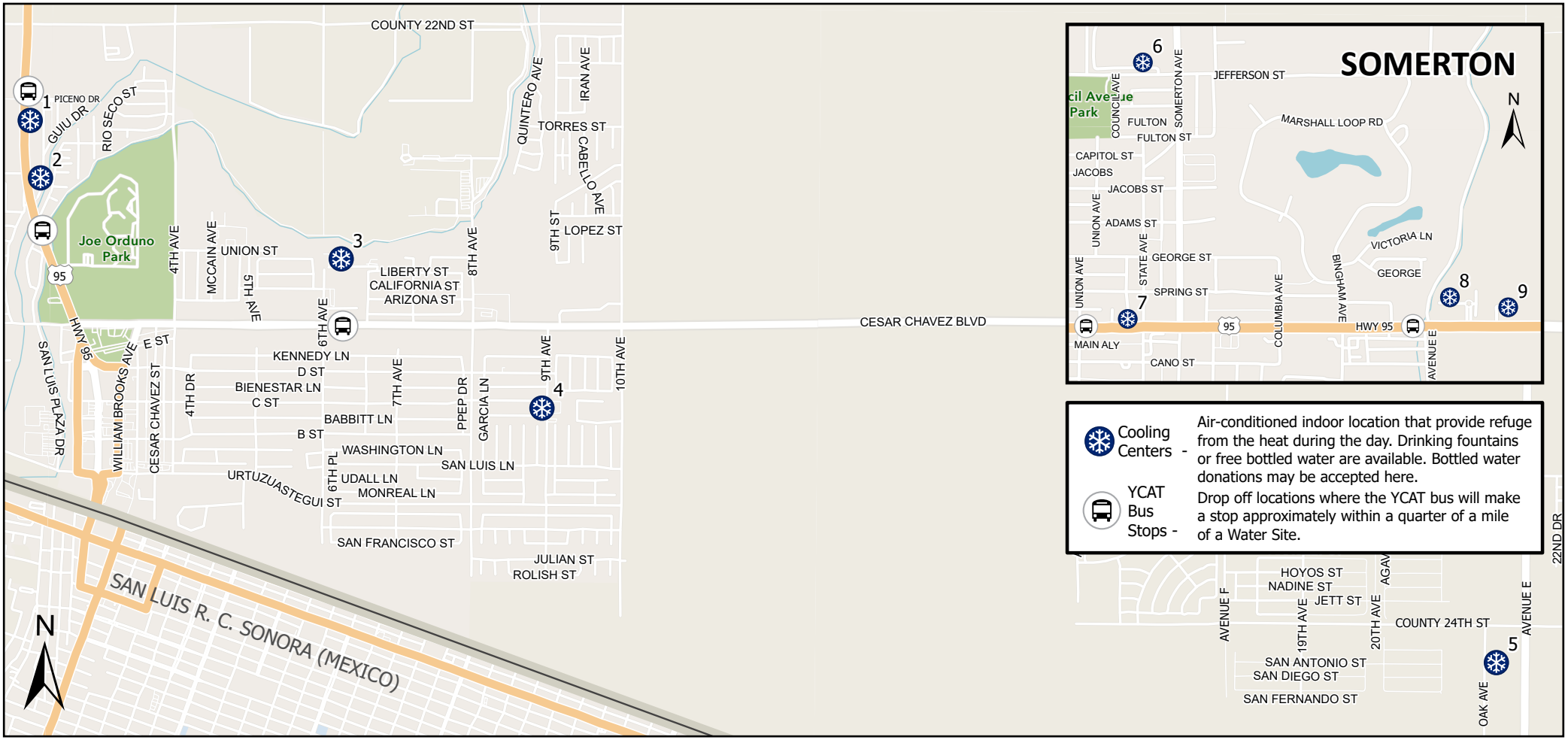
12 Yuma County Foothills Library Branch
13226 E South Frontage Road Yuma, AZ 85367
Open: Year Around
Hours: Tuesday - Thursday 9:00am - 7:00pm
Closed Sundays and Mondays
Phone: 928-373-6461

13 Yuma County Wellton Library Branch
28790 San Jose Avenue Wellton, AZ 85356
Open: Year Around
Hours: Tuesday - Thursday 9:00am - 6:00pm
Closed Sundays and Mondays
Phone: 928-373-6461

Scan here to access the interactive website

- These water distribution sites and cooling centers are not owned or operated by Yuma County Public Health Services District. These sites are operating with their own resources for the health of the community.

2024 FREE COOLING CENTERS AND WATER SITES IN YUMA COUNTY
SAN LUIS



1 San Luis Walk-In Clinic Family Behavior Integrated Health Services
1453 N Main Street Suite 6 San Luis, AZ 85349
Open: Year Around
Hours: Monday - Friday 8:00am - 5:00pm
Closed Weekends and Holidays
Phone: 928-315-7910

2 San Luis Urgent Care
1233 S Main Street Suite 1 San Luis, AZ 85349
Open: Year Around
Hours: Monday - Saturday 9:00am - 9:00pm
Closed Weekends and Holidays
Phone: 928-315-7910

3 Yuma County San Luis Library Branch
1075 N 6th Avenue San Luis, AZ 85349
Open: Year Around
Hours: Tuesday - Thursday 9:00am - 6:00pm
Closed: Sundays and Mondays
Phone: 928-373-6461

4 San Luis Walk-In Clinic Inc.
1896 E Babbitt Lane San Luis, AZ 85349
Open: Year Around
Hours: Monday - Friday 7:00am - 6:00pm
Closed: Weekends and Holidays
Phone: 928-315-7910

5 San Luis Medical Mall
151 S Oak Avenue San Luis, AZ 85349
Open: Year Around
Hours: Monday - Friday 8:00am - 5:00pm
Closed: Weekends and Holidays
Phone: 928-315-7910

6 Yuma County Somerton Library Branch
240 W Canal Street Somerton, AZ 85350
Open: Year Around
Hours: Tuesday - Thursday 9:00am - 6:00pm
Closed: Sundays and Mondays
Phone: 928-373-6461

7 San Luis Walk-In Clinic Family Behavior Integrated Health Services
214 W Main Street Somerton, AZ 85350
Open: Year Around
Hours: Monday - Friday 8:00am - 5:00pm
Closed: Weekends and Holidays
Phone: 928-315-7910

8 San Luis Walk-In Clinic Inc.
950 Building A and B
E. Main Street Somerton, AZ 85350
Open: Year Around
Hours: Monday - Saturday 7:00am - 9:00pm
Closed: Sundays - Open on Holidays
Phone: 928-315-7910

9 Family Behavior Integrated Health Services
1130 E. Main Street Somerton, AZ 85350
Open: Year Around
Hours: Monday - Friday 8:00am - 5:00pm
Closed: Weekends and Holidays
Phone: 928-315-7910

Scan here to access the interactive website

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